

Eye drops like those from [Enrich](#) are a common treatment for a variety of eye conditions, including dry eyes, pink eye, and glaucoma. These drops can be prescribed by an eye doctor or purchased over-the-counter at a pharmacy. what you should use depends on a lot of factors.

There is no one eye drop for all. However there are several different types of eye drops available, each with their own specific uses and benefits.

Types of Eye Drops

What Are the Kinds Of Eye Drops?

Artificial Tears

These drops are used to lubricate and moisturize dry eyes. They can be used for a variety of conditions, such as dry eyes caused by aging, contact lens use, or certain medications. These are used solely to lubricate or to "wet" your eyes, helping with the symptom of having dry eyes, but leaving the underlying cause unsolved.

Anti-Allergy Drops

These drops are used to relieve symptoms of allergic conjunctivitis, such as itching, redness, and watering. They work by blocking the release of histamine, a chemical that causes allergic reactions. these types of drops should be used with caution, and if possible with the doctor's recommendation. this type of drops can cause change in vision when used more than the prescribed time. Proceed with caution.

Redness-Relief Drops

These drops are used to relieve redness in the eyes caused by minor irritation, such as exposure to wind or smoke. They work by constricting blood vessels in the eyes, which reduces redness. These type of drops most likely contains a lubricant and a decongestant activating agent. The former keeps the eye from drying up and the latter constricts the blood vessels in your eye to reduce the swelling and redness. this can make the redness go away in a short time but if the underlying issue is not resolved, symptoms may still persist.

Lubricating and Rewetting Drops

These drops are used to lubricate and rewet contact lenses. They can also be used to relieve dry eyes caused by contact lens use. With this type of drops, always use it in conjunction with your contact lenses. using this as an alternative for artificial tears can lead to further problems.

Antibiotic Drops

These drops are used to treat bacterial infections of the eye, such as pink eye. They work by killing bacteria and reducing inflammation. Antibiotic drops are normally prescribed by your attending eye doctor. To prevent any bacterial resistance to the said drops, make sure to follow the doctor's instructions and never miss a drop.

Steroid Drops

These drops are used to reduce inflammation and swelling in the eyes. They can be used for a variety of conditions, including allergic conjunctivitis and uveitis (inflammation of the middle layer of the eye). Like the antibiotic drops, corticosteroid drops are prescribed by your ophthalmologist to treat a specific eye disorder like keratitis (inflammation of the cornea) and Scleritis (inflammation of the white part of the eye).

Glaucoma Drops

These drops are used to lower pressure inside the eye for people with glaucoma. They work by reducing the amount of fluid in the eye or increasing the outflow of fluid from the eye.

Wrapping Up

It's important to note that each type of eye drops have different administration instructions and precautions, it is always best to follow the instructions provided by your healthcare provider or the product's label. Also, if you have any questions or concerns about your eye drops, consult with your eye doctor.



Author's Bio:

Deinah Storm works in the corporate industry, but she has quite a bit of knowledge about beauty, health, and skin care. On her free days, she finds solace in writing and educating more people about taking care of your beauty, skin, and wellness.