

Physical pain is more than just a passing annoyance. Chronic pain can be debilitating and impact your life in ways subtle and not-so-subtle daily.

For this reason, there are many therapeutic, drug-free methods of pain relief on the market. These are designed to help limit some individuals whose pain may be chronic and who do not respond to traditional methods of pain relief. One of these methods is laser therapy. But how does laser treatment for pain work?

That's what we're going to talk about today. Hopefully, that article answers your questions about pain and laser therapy. Keep reading to learn more!

## **Reduces Inflammation and Pain Without Side Effects**

Laser treatment for pain has been found to be a safe and effective way to reduce inflammation and alleviate pain without the use of drugs. The laser energy creates a [photochemical reaction](#) in the affected tissues. This results in reduced inflammation and increased circulation.

This reduces pain and swelling in the area while also promoting faster healing and recovery. Laser therapy has been shown to also reduce inflammation-causing chemicals. This includes histamine and serotonin. It also reduces the release of pain-causing chemicals in the bloodstream.

## **Effective in Acute and Chronic Conditions**

Laser treatment has been shown to be an effective treatment for both acute and chronic conditions. For acute conditions, laser therapy works by targeting the source of the pain and reducing inflammation and swelling. As a result, it reduces pain and can help accelerate the healing process. For chronic conditions, laser therapy works to reduce inflammation and improve circulation. This helps create an optimal environment for healing, and it also reduces pain and increases mobility.

Laser therapy can help improve neuromuscular function. It can help reduce stiffness, stimulate the production of endorphins, and reduce the need for medications. This treatment can be used in combination with other treatments. This includes physical therapy, massage, or chiropractic from [bcachiropractic.com](#). This is also to provide relief for chronic conditions.

## **Treatment Is Customizable and Adjustable**

Laser therapy treatment is a customizable and adjustable form of pain relief that involves the application of low-level laser light to affected areas of the body. This form of treatment can be adjusted to various levels by regulating the frequency, duration, and intensity of the laser light.

This allows a greater level of precision and accuracy to ensure the right level of therapy is being applied to the target area. This type of adjustability is beneficial because it ensures that the treatment can be customized to the individual needs of the patient.

Not only are the intensity and duration adjustable, but the laser can also be directed at deeper layers of tissue, allowing for a deeper level of relief.

## **Learn More About Laser Treatment for Pain**

Laser treatment for pain has revolutionized the world of healthcare and can be a safe and effective option for reducing pain for certain medical conditions. This therapy is non-invasive and requires no downtime, making it a great treatment option.

If you are suffering from chronic pain, consider asking your healthcare provider if laser treatment is right for you. If you want to explore the best topics, we've got you covered. Check out some of our other blogs today!