

Before we go into detail about [breast enlargement treatment](#), let's take a look at the main types of breast augmentation. The most common is breast implants, which can be divided into two distinct categories: silicone and saline. As you would expect, the former involves inserting an implant filled with synthetic material whereas in the latter case, a bag is pumped full of natural fluid once inserted inside your body. Another popular way to increase the size of your breasts is by opting for fat transfer surgery - otherwise known as 'natural breast augmentation' or 'fat injection'. This method entails transferring fat from one part of your body to another so that it can be injected directly into your boobs - this means they will get bigger in a more natural way.

What is breast enlargement treatment?

Breast enlargement treatment is any kind of surgery or procedure that is used to increase the size, shape or fullness of your breasts. It is also sometimes called 'augmentation mammoplasty' or 'boob job'. There are a number of different techniques that can be used to achieve the desired results, with each one having its own advantages and disadvantages. The most common method by far is breast implants, which as we mentioned earlier, can be either silicone or saline. However, there are other options available too such as fat transfer surgery and breast lift surgery. Ultimately, it's important to consult with a specialist to discuss your options and decide which type of treatment is right for you.

Why might someone consider breast enlargement treatment?

There are a number of reasons why someone might choose to undergo breast enlargement treatment, including:

- To improve the appearance of their breasts - Whether due to weight loss, pregnancy or simply age, many women experience changes in the size and shape of their breasts over time. As a result, they may feel self-conscious about how they look, and may choose to undergo surgery in order to achieve a more desirable appearance.
- To restore lost volume in the breasts following weight loss or pregnancy - Pregnancy and breastfeeding can cause significant changes to a woman's breasts, including a loss of volume. For some women, this can be extremely distressing and may lead them to seek out treatment in order to restore their pre-pregnancy breasts.
- To alleviate back pain or other issues caused by large breasts - Many women with larger breasts suffer from various issues as a result, including back pain, neck pain and difficulty finding clothes that fit properly. Breast reduction surgery can help to alleviate these problems by reducing the size of the breasts.
- To achieve a more balanced figure - Some women feel that their breasts are disproportionate to the rest of their body, and choose to undergo treatment in order to achieve a more balanced look.
- To boost their self-confidence - Feeling unhappy with the size or shape of one's breasts can have a negative impact on overall body image and self-confidence. Breast enlargement treatment can help to improve self-esteem by providing patients with the breasts they desire.

Pros and cons of breast enlargement treatments

There are a number of pros and cons associated with breast enlargement treatment, including the following:

Pros:

Increased overall size and shape of breasts - For many women, undergoing treatment can lead to significantly larger and firmer breasts. This can be extremely empowering, as well as having a positive impact on body image and self-confidence.

Improved symmetry between breasts - If one breast is significantly smaller or larger than the other, this can give patients an uneven appearance which may cause them feelings of dissatisfaction. Breast enlargement treatment can help to address this issue.

More options for clothing and swimwear - Many women struggle to find clothes that fit properly or look attractive when wearing certain styles of swimwear due to their large breasts. Breast enlargement treatment can help to give them a wider range of options, which can ultimately lead to a boost in confidence when it comes to their appearance.

Cons:

Potential risks and side effects - Although breast enlargement surgery is generally considered safe, there are some potential risks and side effects associated with the procedure, including scarring, infection, implant rupture or leakage, adverse reactions to anaesthesia and more. It's important to fully understand the risks before undergoing treatment in order to make an informed decision. We shall explain the risks in more detail in the next section below.

Recovery time - Many patients will need up to two weeks or longer to recover from breast enlargement surgery, during which time they may experience certain side effects such as pain and discomfort.

What are the risks involved with breast enlargement treatment?

As with any kind of surgery, there are always risks involved with breast enlargement treatment. However, these risks will vary depending on the specific type of procedure that you opt for. For example, common complications associated with silicone implants include capsular contracture (hardening of the tissue around the implant) and rupture (leakage of silicone into the body). Meanwhile, fat transfer surgery carries the risk of uneven fat distribution and asymmetry. It's important to discuss the risks with your surgeon before deciding whether or not to proceed.

Conclusion

Breast enlargement treatment can have a number of potential benefits, including increasing the overall size and shape of the breasts, improving symmetry between the breasts, and providing more clothing and swimwear options. Overall, if you are considering breast enlargement treatment for any reason, it's important to do your research and choose a specialist who is qualified and experienced in this area. Be sure to consider all of your options, as well as the potential risks involved, so that you can make an informed decision about what's best for you.

If you have any more questions about breast enlargement treatment, or would like to book a consultation with one of our specialist surgeons, please don't hesitate to get in touch with us at [Perfect Medical](#).