

Write down what are the similarities between Arteries and Veins

## **Similarities between Arteries and Veins**

1. They are both blood vessels.
2. They are both components of our circulatory system which carry blood around our body.
3. They are both formed of smooth muscles.
4. They can both contract or expand hard and slow and they can expand or contract fast and soft.
5. They both have 3 layers: An outer tissue, a muscle middle layer and inner epithelial cells.

Steady Run